Allergen Information

Our breakfasts are served as sets:
European, Highlander, Vegetarian and Sweet.

The contents of the boxes change daily within each breakfast type, so the meals are more varied and will not become monotonous during longer stays. Depending on the day, items that may change include spreads, sides, vegetables, bread, yoghurts, porridges and drinks.

Due to our rotating menu, our sets may contain, among others, the following allergens:

- gluten
- milk and dairy products (including lactose)
- eggs
- nuts
- soy
- sesame
- mustard
- fish

The exact product ingredients and a full list of allergens for a given day are available on request.

Important information for guests with food allergies and intolerances

If you have food allergies, intolerances or special dietary requirements, please contact us before placing your order.

We will gladly share the planned breakfast contents for the following day and advise which sets will be most suitable for you.

We make every effort to ensure that our meals are safe and clearly labelled; however, all products are prepared in a kitchen where ingredients containing allergens are also used.