

List of Allergens

Standard Menu:

- Toast with egg and bacon:** wheat flour, eggs, milk (including lactose), nuts, soy, sesame seeds, mustard
- Hummus:** nuts, milk, mustard, sesame paste (tahini)
- Savory croissant with salmon:** wheat, barley, rye, oats, spelt, eggs and egg products, soy and soy products, milk and milk products, nuts, sesame, fish
- Greek yogurt with granola and fruit:** milk, nuts, oats, barley, soy
- Chicken tortilla:** wheat flour, gluten, milk, sesame, eggs, mustard
- Cottage cheese spread with sun-dried tomatoes:** milk and milk products, sesame seeds
- Bagel with cured ham and lamb's lettuce:** wheat flour, gluten, barley malt, soy, milk, sesame seeds, nuts
- Tuna spread:** milk, fish
- Toast with grilled mushrooms, cheese, and bacon:** wheat flour, eggs, milk (including lactose), nuts, soy, sesame seeds
- Light chicken salad:** eggs, mustard
- Panini with Italian pistachio mortadella:** wheat, rye, barley, eggs and egg products, soy and soy products, milk and milk products, sesame seeds and sesame products
- Cottage cheese spread with vegetables:** milk and milk products (including lactose)
- Savory loaf with spinach and chicken:** wheat flour, milk, eggs
- Egg spread with chives:** eggs, mustard

Vegetarian Menu:

- Toast with fried egg and oscypek (smoked sheep's cheese):** wheat flour, eggs, milk (including lactose), nuts, soy, sesame seeds, mustard
- Hummus (may contain):** nuts, milk, mustard, sesame paste (tahini)
- Savory croissant with salmon:** wheat, barley, rye, oats, spelt, eggs and egg products, soy and soy products, milk and milk products, nuts, sesame, fish
- Greek yogurt with granola and fruit:** milk, nuts, oats, barley, soy
- Tortilla with grilled halloumi cheese and vegetables:** wheat flour, gluten, milk, sesame, eggs, mustard
- Cottage cheese spread with sun-dried tomatoes:** milk and milk products, sesame seeds
- Bagel with camembert and pear (may contain):** wheat flour, gluten, barley malt, soy, milk, sesame seeds, nuts
- Tuna spread:** milk, fish
- Toast with grilled mushrooms and cheese:** wheat flour, eggs, milk (including lactose), nuts, soy, sesame seeds
- Greek salad:** milk, lactose, mustard, celery, gluten, eggs, soy
- Panini with mozzarella and basil pesto (may contain):** wheat, rye, barley, eggs and egg products, soy and soy products, milk and milk products, sesame seeds and sesame products, nuts
- Cottage cheese spread with vegetables:** milk and milk products (including lactose)
- Savory loaf with spinach and feta cheese:** wheat flour, milk, eggs
- Egg spread with chives:** eggs, mustard

Sweet Menu:

Waffles with peanut butter and fruit: wheat, eggs, soy, milk, nuts

Greek yogurt with granola and fruit: milk, nuts, oats, barley, soy

Cottage cheese and nut tart: milk, wheat flour, eggs, sesame, nuts, soy

Pancakes with fruit and chocolate sauce: wheat, eggs and egg products, milk and milk products (including lactose)

Croissant with cocoa cream: wheat, rye, barley, oats, spelt, eggs and egg products, soy and soy products, milk and milk products (including lactose), nuts, sesame seeds

Bread roll served with every breakfast set: wheat, milk, eggs, soy, sesame seeds